



For more information, call ITT at 841-3116 or stop by Wednesday through Friday, 10 a.m. to 6 p.m.

THE BIG E TICKETS

Friday, September 16 - Sunday, October 2
The largest fair in the Northeast located in
West Springfield, Massachusetts. Tickets are \$13.50
for adults, \$9.50 for children (ages 6-12 and 5 and
under are free).

BOSTON BUS TRIP

Monday, October 10
The bus trip includes round-trip transportation departing at 9 a.m. and returning around 6 p.m.
Cost is \$15 per person.

KING RICHARD'S FAIRE

Recieve \$4 off the regular admission on the following dates:

October 1, 8, 15, 22 & 23

log onto www.kingrichardsfaire.net and use discount code: MWR-RI

UPCOMING BUS TRIPS

Thursday, November 24
Macy's Thanksgiving Day Parade Bus Trip \$49 each
Friday, December 16
Radio City Christmas Spectacular Bus Trip
\$109 to see Rockettes or \$49 to just ride the bus.

NEWPORT YACHTING CENTER FESTIVALS

October 1 & 2
Stop & Shop HarborFest: A Waterfront Block Party
\$7.50 each

October 9 & 10 International Oktoberfest! \$17.50 for Sunday or \$9.50 for Monday

PROVIDENCE PERFORMING ARTS CENTER

Thurs., Oct. 6 at 7:30 p.m. Rock of Ages \$30.50 each

Sun., Nov. 20 at 5 p.m. How the Grinch Stole Christmas \$29.75 each

Fri., Dec. 2 at 8 p.m. Boston Pops \$52 each

Fri., Dec. 9 at 8 p.m. The Nutcracker \$29.50 each Sat., Dec. 10 at 2 p.m. The Nutcracker \$29.50 each



Sun., Feb. 19 at 6:30 p.m. Mary Poppins \$59.75 each



656 Whipple Street Newport, RI 02841

The information contained in this issue was current at the time of publication. Activities, events and hours of operation are subject to change.

All events are open to patrons with base access unless otherwise noted.

For more information, visit https://www.cnic.navy.mil/Newport, email kelly.conner1@navy.mil to be added to the MWR Email Blast list or call (401) 841-4992.

Looking for a job? Check to and see what we're hiring for at https://www.cnic.navy.mil/cnrma/about/jobs/nsnewport

Are you on Facebook? Become a "fan" of Naval Station Newport RI's page

The Navy nor any other part of the federal government officially endorses any company, sponsor, or their products or services.



Recreation Center, Building 656

ENLISTED & CPO

Fire Fly Sweet Tea Vodka Specials \$4 each the month of October

SEAVIEW LANES BOWLING CENTER

REGULAR RATES

Bowling \$3.50* - Shoe Rental \$2

XTREME BOWLING

Music, flashing lights, everything glows in the dark...\$4* on Saturday nights 8 to 11 p.m.

* All rates are per person

MONDAY

Active duty military bowl for \$1* per game 11 a.m. to 5 p.m.

TUESDAY

Bowl for \$1* per game 11a.m. to 2 p.m.

WEDNESDAY

Bowl one game, get one game free 11 a.m. to 5 p.m. Winter league starts at 6 p.m. every Wednesday!



THURSDAY

1st game is \$3*, 2nd game is \$2*, 3rd game is \$1*. All three games must be bowled at one time for special pricing 11 a.m. to 8 p.m.

FRIDAY

Bowl for \$2* 11 a.m. to 5 p.m. Winter league starts at 6 p.m. every Friday!

SUNDAY

Wear your favorite team's football jersey and bowl for half price*. Anyone 55 years old or older bowls for just \$1* valid ID required.



EVERY SUNDAY,
WATCH NFL
FOOTBALL GAMES!
Watch games in
the Enlisted Club
CPO Club
Seaview Lanes

Sam Adams Bottle \$2.50
Double Dog: Two hot dogs & baked beans \$4
Chicken Sandwich: Chicken patty with lettuce, tomato on a hamburger roll & tater tots \$4
Slider Special: Double cheeseburger with lettuce, tomato on a hamburger roll & tater tots \$4.75

COLUMBUS DAY OCTOBER 10

Military personnel bowl for \$1*
Non-military bowl for \$2*

HALLOWEEN OCTOBER 31

Bowl for just \$2 per game* and wear orange, your shoe rental is free.

Want a fun and inexpensive way to have a get together with family or friends?
Call 841-2194 and ask about our \$10 bowling package which includes two games, shoes, pizza and soda.

OUTDOOR RECREATION RENTAL

Rent party accessories, chairs, canopies and more! Don't forget we have bicycles, fishing gear, camping and more! Come check us out!

ORR is open Monday through Friday 3 to 6 p.m. Saturday 9 a.m. to 1 p.m. For more information, call 841-2568.





Ihurs 103 **Cultar Hero** Texas Holdem Will Sports Ping-Pong Billiards MLB The Show Tournament **Tournament** Tournament **Tournament** Tournament Tournament Prizes! 6 p.m. Prizesi 6 p.m. Prizesi **Prizes**I Prizes! NFL Sunday Ticket 6 p.m. Prizes!





1st - Free Brownie Day, While they last!

8th - Paintball Trip

15th - Free Cookie Pay, While they last! 22th - Factory of Terror 1rip 29th - Halloween Treats!

The Liberty Center has eight computers and wireless Internet access, so bring your own laptop and log on anywhere in the building. Check out the billiards, foosball and ping-pong tables, three flat screen televisions for Xbox, Xbox 360, PlayStation 2, PlayStation 3 and Wii video systems, a TV lounge and dining area. There is a movie room where free movies from the Navy Motion Picture Service are shown - see movies six weeks before they're out on DVD!

This facility is alcohol-free and is open to active duty military personnel and reservists who are single or unaccompanied.

For more information, call 841-3054 or visit the Liberty Center at building 656.

FITMESS & SPORTS

Gym 109 Front desk 841-3154 Sports & Tournaments 841-7355

Pool 307 841-6628

Fitness Center & Equipment Orientations

Tuesdays at 11 a.m. & 5 p.m. or Wednesdays at 8 a.m.

New to the base?

Not sure how to get started with a fitness routine? Gym 109 has you covered!

Stop in and sign up for a free fitness center and equipment orientation. The tour will be followed by basic instruction and safety features on the cardiovascular equipment as well as the Nitro Nautilus circuit.

Weight Lifting Essentials

Wednesday, October 14 at 5:30 p.m.

Learn safe lifting techniques, proper body alignment and more essentials. For more information, call Pat Mahoney at 841-3154.



• Door Prizes

Longest DrivClosest to

the Pin

Price includes green fees, golf cart

(course condition permitting) and food.

Full team payment is due upon registration and accepted at Gym 109.

For more information, call Greg 0°Shea at (401) 297-1568



TXT NPTMWR or NPTCLUB or NPTFITNESS to 30364

Connect to MWR's great offers, contests, events, sales and more!



Once your text is entered, you will receive weekly updates.

Standard carrier message and data rates may apply. Text STOP to cancel.

Text HELP for help.

Cornell Swim Academy Youth Swim Lessons



Lessons: Oct 10:Nov 7

Registration Dates: Oct. 3-8

The fee for class is \$56.00 per child and is due at time of registration. Cash, check or money order only are accepted, credit/debit cards are not accepted. Classes will run two times a week for four weeks, registration is on a first come first serve basis. Registration is accepted during normal pool operating hours: Monday, Wednesday and Friday 11 a.m. to 1 p.m. and 3 to 6 p.m.; Tuesday and Thursday 6 to 8 a.m., 11 a.m. to 1 p.m. and 3 to 6 p.m.; Saturday 9 a.m. to noon.

For more information, call Pool 307 at 841-6528 or email cornellswimacademy@hotmafl.com



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NEWPORT COUNTY
FOR ALL YOUR
SALES AND RENTAL
NEEDS

640 Thames Street Newport, Rhode Island 401.849.9192



The Sun shines on everyone.

Could you use some Sun? With nearly 7,000 slot machines, over 350 table games, 80 shops, restaurants and bars, a world-class hotel and spa, a 10,000-seat Arena, a championship golf course and over 100,000 square feet of premium meeting space, you'll find a million different ways to play. Mohegan Sun is conveniently located in southeastern Connecticut in Mystic Country. For more information, visit mohegansun.com.





All workshops are held at the Fleet and Family Support Center, building 1260 (next to the Navy Federal Credit Union), unless otherwise noted. Registration is required and may be made by calling 841-2283. Active duty personnel, retirees, family members, reservists and DoD employees are welcome. All programs require a level of scheduling, staffing and purchasing of course material, so please register early.

October Programs & Workshops

5rd-7th — Transition Assistance Management Program (TAMP), 8 a.m. to 4 p.m.

This seminar is designed to assist service members leaving the military to prepare for transition to civilian life and is scheduled to be held at the Morale, Welfare and Recreation Conference Room, Building 656. Information on veterans' benefits, health care options, job-search techniques, disability claims and much more will be offered. Spouses are encouraged to attend.

4th — New Spouse Orientation to the Military, 980 to 11180 a.m.

This program will offer information for new spouses on the military lifestyle, benefits and services available to them, and tools to assist them in maintaining a state of preparation for deployment or other military-related separation. This program is offered for all new spouses or those spouses who have never lived near a military installation before.

10th - FFSC will be closed for the Columbus Day holiday.

111th - Reading Your Gredit Report, 2430 to 4 p.m.

Credit reports are used not only by banks, loan companies and credit card companies, but also by rental property agencies, potential employers and can be part of a job security clearance process. Bring a copy of your credit report, available at www.annualcreditreport.com, to the class and find out how to read the report, understand it and correct any errors you may find.

13th - Interview Techniques, 14:30 a.m. to 1 p.m.

This workshop will provide information on getting ready for an interview, the interview itself, different types of interviews and more.

16th - How to Financially Survive the Holidays, 2500 to 4 p.m.

This workshop is designed to help service members plan for increased holiday expenses and develop strategies to avoid overspending and accumulating excessive debt. The program is appropriate for all individuals, even those who do not celebrate the holidays can benefit from this class. The money management tips offered apply year-round as well as special occasions when additional spending occurs.

19th — Diseaster Preparedness for Families, 11180 a.m. to 1 p.m.

Do you and your family know what to do in case of an emergency? Preparing in advance could keep an emergency from becoming a disaster for you and your family. Learn some simple steps to help you and your family be prepared.

19-Homebuyers Workshop, 6 to 8 p.m.

Purchasing a home is a complex task. There are many questions that need to be answered before you take that big step. Come and learn about your options and how to decipher real estate lingo. You will meet with a representative from the Navy Federal Credit Union to hear first-hand about qualifications for mortgages and other financial options. Home-buying information for all areas of the United States is available at this workshop.

November Programs & Workshops

1st - Sponsor Training, 9:30 to 10:30 a.m.

7th-9th - Ombudsman Basic Training, 9 a.m. to 4 p.m.

8th – Ombudsman Assembly Meeting hosted by Navy Band Northeast, 6 to 8 p.m.

9th - Refinance Seminar with NFCU at Fleet & Family Support Center, 6 to 7 p.m.

11th - FFSC will be closed for Veterans Day holiday

16th – Homebuyers' Workshop, 6 to 8 p.m.

17th - Federal Job Search, 11:30 a.m. to 1 p.m.

22nd – How to Financially Survive the Holidays, 2:30 to 4 p.m.

24th - FFSC will be closed for Thanksgiving Holiday

28th - Blended Families Workshop, 2 to 4 p.m.

29th – Care, Commitment and Relationship Enhancement, 3 to 5 p.m.

30th – Caught in the Web, 1 to 3 p.m.

NGIS says YES! to the guest!



Navy Gateway Inns & Suites employees can't wait to say YES! to you.

YES! is the NGIS commitment to the customer, and our employees are saying it to guests all over the world. We all are dedicated to making your stay with us even more convenient, more enjoyable, more memorable.

Enjoy our outstanding accommodations and stellar customer service. Stay with us and let us say YES! to you.





The NGIS Brand Promise

Creating comfortable guest services for those we serve: Today and Tomorrow.

For reservations log onto **www.dodlodging.net** or call **1-877-NAVY-BED** (1-877-628-9233).



Communities offer a wide-range of recreational amenities. For more information, call 841-2232.

INAD INC.

Hall Galley Meal Prices Breakfast \$2.30 Lunch & Dinner \$4.25 Phone Numbers Galley Office 841-1083 Food Service Officer 841-2048 Menu recording 841-4445 The galley is not open to retirees or civilians. Rations-in-kind customers eat for free with valid ID card

FFR Directory		
Area code for Rhode Island is 401		
AUTO SKILLS CENTER	building 1285	
Monday - Wednesday		
Thursday & Friday		
Saturday		
Sunday	10 a.m. to 5 p.m.	
CHILD AND YOUTH PROGRAM		
	building 1376841-4562	
Monday - Friday		
Weekends & Holidays		
CHILD DEVELOPMENT HOME	building 1376841-1953	
	building 1297841-2883	
Monday - Friday		
Weekends & Holidays		
Thursday (ages 9 & up)	building 1297841-2043	
Friday (ages 9 & up)		
Saturday (ages 9 - 12)		
Saturday (ages 9 - 12)		
Sunday - Wednesday & Holidays	closed	
FLEET & FAMILY SUPPORT CENTER	huilding 1260 841-2283	
Monday - Friday	7:30 a m to 4 n m	
Weekends & Holidays	closed	
GYM 109		
Monday - Thursday	5 a.m. to 9 p.m.	
Friday	5 a.m. to 7 p.m.	
Saturday	7 a.m. to 5 p.m.	
Sunday		
Holidays		
Thanksgiving & Christmas Day		
HARBOR ISLAND	building 684841-3420	
CONFERENCE CENTER		
	building 684841-2108	
Monday - Friday		
Weekends & Holidays		
HOUSING REFERRAL OFFICE Monday - Friday		
Weekends & Holidays		
LEISURE BAY		
INTERNET CAFÉ/COFFEE SHOP/TIG		
Monday - Friday	drive thru opens at 6:30 a m	
Monday - Friday		
Weekends & Holidays		
ITT OFFICE	building 1255841-3116	
Saturday - Tuesday & Holidays	closed	
Wednesday - Friday	10 a.m. to 6 p.m.	
VETERINARY CLINIC	building 1255841-3994	
Monday - Friday	10 a.m. to 2 p.m.	
Call for clinic appointments		
MARINA	building 1397841-3283	
Monday - Friday	noon to half-hour before sunset	
Weekends & Holidays		
MWR NWC CAFÉ		
Monday - Thursday		
Friday		
Weekends & Holidays	closed	

MWR CLINIC CAFÉ	huilding 22	944 2440
Monday - Friday		041-2140
Weekends & Holidays	closed	
NAVY GATEWAY INNS & SUITES	building 1312	841-7900
NEY HALL GALLEY	building 292	841-4445
OFFICERS' CLUB		
CATERING		
TOPSIDE RESTAURANT		841-1444
Monday - Thursday		
Friday		
Saturday		
Sunday		
Holidays	huilding 307	944 6629
Monday, Wednesday & Friday	11 a m to 1 n m & 3 to	041-0020
Tuesday & Thursday6	to 8 a m · 11 a m to 1 n m 8	2 3 to 6 n m
Saturday		x 0 t0 0 p
Sunday & Holidays		
RECREATION CENTER		841-2575
RECREATION MANAGER		
BOWLING CENTER	building 656	
Monday - Thursday	11 a.m. to 8 p.m.	
Friday		
Saturday (Xtreme 8 to 11 p.m.)		
Sunday		
Holidays	noon to 6 p.m.	
BUSINESS OFFICE	building 656	841-3294
Monday - Friday		
Weekends & Holidays	Closed	044 4447
CHIEFS' CLUB Monday, Wednesday & Thursday	4 to 0 p.m	041-1117
Tuesday, Sunday & Holidays		
Friday & Saturday		
ENLISTED CLUB		841-2575
Monday - Thursday		
Friday		
Saturday		
Sunday		
Holidays		
GRAPHICS/MARKETING		841-4992
Monday - Friday	8 a.m. to 4:30 p.m.	
Weekends & Holidays	closed	
HUMAN RESOURCES		841-7697
Monday - Friday		
Weekends & Holidays		044 2054
LIBERTY CENTER Monday - Thursday		841-3054
Friday		
Saturday		
Sunday		
Holidays		
MWR ADMINISTRATIVE OFFICE		841-2643
Monday - Friday		
Weekends & Holidays	closed	
MWR SPECIAL EVENTS	building 656	841-3127
OUTDOOR RECREATION RENTAL		841-2568
Monday - Friday	3 to 6 p.m.	
Saturday		
Sunday & Holidays	closed	



Lunch &

Lunch is served Monday thorough Friday starting at 11 a.m. Menu items are available Monday through Thursday until 9 p.m., Friday until 10 p.m., Saturday 4 to 10 p.m. Sunday noon to 7 p.m.

Topside stays open one hour longer after kitchen closes.

Details call 841-1442.







Couples' Night Filiay, October 7

coming in October...

be on the lookout for our new Topside Menu!



Four course meal with wine is \$50 per couple or without wine for \$45 per couple, gratuity not included. Enjoy live music while dining on a scrumptious meal!

Seatings begin at 5:30 p.m. Reservations are highly recommended, call 841-1442.

